



WISH LIST FOR VAMC, LONG BEACH

ALWAYS NEEDED:

Travel sized personal care items (no bar soap)
 Toothbrushes & toothpaste
 Shampoo
 Body wash -- Liquid hand soap
 Lotion
 Chap stick (PABA free)
 Denture cleaner -- Denture adhesive
 Kleenex (individual packages)
 Nail clippers (for fingers & toes)
 Body powder
 Shaving cream & safety razors
 Shower shoes (flip flops)
 White socks (all sizes)
 Sweats (shirts & pants) (sizes med, lg & xtra lg)
 T-shirts (sizes med, lg & xtra lg)
 Boxer shorts (sizes med, lg & xtra lg)
 Notepads (3x5 & 5x8), pens & pencils
 Back scratchers
 Back packs
 Playing cards--puzzle books

FOR WOMEN'S HEALTH CLINIC:

Diaper bags
 Baby albums
 Gift cards to Target
 Underwear (all sizes)

FOR COMMUNITY LIVING CTR: (formerly 'nursing home')

Playing cards
 Board games
 Craft kits
 Individually wrapped snacks & juices

FOR FISHER HOUSE:

Ground coffee, creamers liquid/dry, sugar, sugar subs)
 Dishwasher detergent
 Non-perishable food items
 Granola bars/snacks
 Paper coffee cups (prefer w/lids)
 Paper plates, napkins
 Fresh fruits & veggies
 Peanut butter, jelly, jams
 Gift cards to local restaurants
 Liquid laundry detergent & fabric softener sheets)
 Travel sized toiletries (soap, toothpaste, toothbrush, etc)
 New/recent DVD's for adults & kids
 Kitchen utensils, glassware, dishware, serving pieces
 Digital camera for staff use
 Aluminum foil, plastic wrap, storage bags
 Sandwich bags
 Telephone calling cards
 Hand held electronic games
 Razors, combs, brushes
 Toilet paper (soft 2-ply)
 Cereals
 Kleenex (white/unscented)
 39 gal. garbage bags

FOR PIER CENTER

Copy paper
 Resume paper (for vets to print out resumes)
 Daily planners
 Spiral notepads (3x5) for memory aid
 White t-shirts (all sizes)