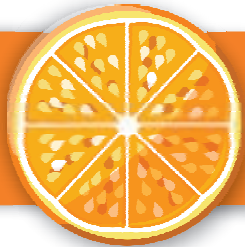




SEPTEMBER 2024

- Unit 72 Anaheim
- Unit 131 Santa Ana
- Unit 133 Huntington Beach
- Unit 132 Orange
- Unit 222 Laguna Beach
- Unit 257 Laguna Hills
- Unit 277 Placentia
- Unit 281 South Orange County
- Unit 295 Cypress
- Unit 291 Newport Beach
- Unit 327 Leisure World
- Unit 354 Buena Park
- Unit 555 Albert Schwab
- Unit 679 Richard Nixon
- Unit 716 Los Alamitos
- Unit 721 San Juan Capistrano



# SPECIAL REQUEST

## *Sent to Our President*

*Hello, I am a Social Worker at the Placentia CBOC. I have a veteran with 3 kids: 2, 11 and 12 y/o in need of school clothes back packs etc. Does voluntary services have gift cards?*

*Program Specialist*

*Center for Development & Civic Engagement (CDCE)  
Tibor Rubin VA Medical Center  
5901 E. 7th St. (Mail Code 03/135)  
Long Beach, Ca 90822*

*(562) 826-5715*



## ORDER YOUR POPPIES NOW!

Order form attached with this newsletter.



Hello again,

Kudos to all of you who were at our August 10 th District 29 meeting. Since then, some wheels have been moving in our great District 29! Please focus on Membership—please print out the ALAMIS workbook—a lot of great information in there for anyone who needs/wants to be handling your Membership! Also, you may want to start a “Unit” newsletter that goes out to all your members. This has worked for many Units and they can stay in touch with their members that don’t or can’t attend the Unit meetings.

Remember, some members may not use the internet for ALA information. Let them know that you care about them and that you just want them to keep up with what your (theirs too) Unit is doing! Check in on the ones you don’t see very often. You don’t need to be an officer in your Unit to try to keep up with your Unit members. Just a phone call may be just what they need for the day. You can make your members feel so important and they may even offer suggestions of different things to do within the Unit.

Please make sure you make them feel important! Ask them what they are about and figure out how to incorporate that into your Unit’s agenda! Please remember that some of our members are getting older and a short, “how you doing?”, phone call might just be what they need that day. Last thought on membership for this month, “Be the reason someone feels welcomed, seen, heard, valued, loved and supported.”

September finds us focusing on our Education program. Does your Unit offer scholarships? Does your Unit participate in “Give 10 to Education”? If you or any of your members, haven’t heard about this program, you may have some that think it’s for them to be ALA educated. It’s an awesome idea to get your members involved—Give 10 is where you collect items that kids AND teachers can use in their classrooms. We do have quite a few elementary schools, junior highs, and high schools in our District. Please be sure that the school supplies (including number of items and costs), you provide are recorded in your minutes so that you’ll have that info when we need to do reports!



Also, for those interested, an ALA Leadership Training will be given on November 16 th at Community

Post 46 located at 5309 Sepulveda Blvd. in Culver City from 10:00 am till 2:00 pm. There is a \$10 cost for the training, lunch and refreshments. This workshop is being led by Past Department President, Kathie Martinez. Participants in this training may be issued a Certified Leadership Card at the end of the training for \$1.00.

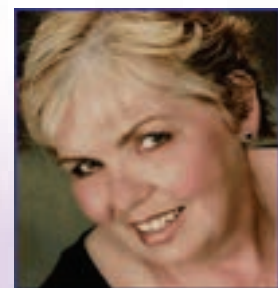
Should you have any questions, please contact one of our District Officers and they will be able to help you!

Hope to see you all soon!

*Pat*

D29 President, Pat

Email: ed50pat49@yahoo.com or cell: (714) 342-4173



# DISTRICT PRESIDENT VISITS TO UNITS

Throughout the fiscal year, each unit is required to be visited at least one time by the district president. If you have not already been scheduled, please take the time to invite Madam President Pat Alvarez to your unit meeting. Other members of the district may accompany her, but she is the distinguished guest of the evening.

## PROTOCOL FOR DISTINGUISHED GUEST VISITS

### Advancement of Guests

The Distinguished Guests chair (usually the Sergeant-at-Arms) should meet the guest at the door of the meeting room. The guest is then escorted down the aisle on the chairman's right upon receiving a signal from the chair. The guest should have been notified in advance regarding whether the meeting is formal or informal, the time and place of the meeting, and the amount of time given for speeches/presentations.

**Seating of Guests** The guest of honor is always seated at the right of the presiding officer; the second most important guest is placed at left of the presiding officer.



## FROM DEPARTMENT and NATIONAL:

1. When taking photos, please do not have alcohol in the picture.

2. Officers and Committee Chairs should not wear jeans or shorts to meetings. Dress to represent both the ALA and your position.



### District 29 Officers and Chairs

President, Pat Alvarez 714-342-4173  
ed50pat49@yahoo.com

Vice President I, Cindy Mayfield 714-308-2862  
samramay@yahoo.com

Vice President II, Cindy Edes 714-906-6021  
cindyedes@gmail.com

Secretary, Noella Passarelli 714-756-0236  
npassarelli03@gmail.com

Treasurer, Kim Thompson 714-713-1052  
kt040495@yahoo.com

Chaplain, Gail Spitzform 626-506-0366  
spitz316@aol.com

Historian, Pat Burr 949-633-1848  
pat949@comline.com

Sergeant-at-Arms, Yoli Gonzalez 909-730-9212  
yoligz@yahoo.com

Asst. Sergeant-at-Arms, Janet De Monceau Bergendal  
949-887-8945 rjdumon@yahoo.com

Americanism, Kristin Landis 562-964-9020  
klandis515@yahoo.com

Aux. Emergency Fund, Nancy Hall, 714-504-8433  
nancytchs@aol.com

Children and Youth, Dar Phillips 714-293-6157  
justdardar@gmail.com

Community Service, Stacey Smith 714-273-8111  
Onyxbear612@yahoo.com

Constitution & By-Laws, Cindy Edes See VP II

Education, Wendy Hart Hagen 714-448-0254  
wendyhart.oc@gmail.com

Girls's State, Noella Passarelli See Secretary

Junior Activities, Joanna Garcia 562-225-8411  
jgarcia90815@yahoo.com

Leadership, Cindy Edes See VP II

Legislative, Leisha Fauth 714-469-1825  
lfauth36@gmail.com

National Security, Yoli Gonzles See Sergeant-at-Arms

Past President's Parley, Pat Burr See Historian

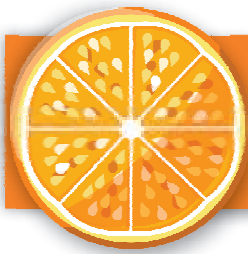
Poppy,  
@yahoo.com

Public Relations, Wendy Hart Hagen See Education

Veteran's Affairs and Rehabilitation Cindy Mayfield  
See VPI

National Security, Yoli Gonzles 909-730-9212  
yoligz@yahoo.com





# LEGISLATION



*A Community  
of Volunteers Serving  
Veterans, Military,  
and their Families*

**Leisha Fauth**

**D29 Legislative Chair**

**POB 55**

**Yorba Linda, CA**

**92886**

**AL679Auxilliary**

**@gmail.com**

**OUR MISSION:**

In the spirit of Service Not Self, the mission of the American Legion Auxiliary is to support The American Legion and honor the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families, both at home and abroad.

For God and Country, we advocate for veterans, educate our citizens, mentor youth, and promote patriotism, good citizenship, peace and security.

## DISTRICT 29 LEGISLATION AUGUST 2024

The American Legion and the American Legion Auxiliary are interested in legislative measures which come before the United States Congress and State legislatures. Through lobbying efforts we are able to influence legislation of benefit to veterans, the community and our nation.

### National and State Legislative Committee

The American Legion Auxiliary has a National legislative Committee which works closely with The American Legion National Legislative Commission.

### Unit Support in Legislative Work

When measures important to The American Legion and the American Legion Auxiliary are before the lawmaking bodies, appeals go out for support. At such times the unit members should contact their representatives urging them to take the action desired.

The legislative activities of the Unit may be handled by the Unit President, by a standing Unit committee, or by a special committee appointed to conduct the work in special emergencies. The legislative matters usually deal with some other phase of Auxiliary work, such as Veterans Affairs and Rehabilitation – getting beneficial legislation for veterans; Children and Youth – securing legislation beneficial to children of veterans and military families, and children in general; National Security – securing national security measures; or Americanism – obtaining the passage of measures to promote better citizenship or to curb the activities of radicals. The arousing of public sentiment in support of such measures might well be left to the committee handling the activity under which they fall.

All Unit Legislative Chairmen should subscribe to The Dispatch. The American Legion's publication

<https://mylegion.org/PersonifyEbusiness/My-Account/Dispatch>





# VA&R

***Don't forget our vets...***

**If you have supplies to drop off, I will collect at our district meetings.**

*Cindy Mayfield*

**Hello Ladies, lots to cover with our VA&R programs.**

I would like to thank all of our units for their donations to our **PIER Group, Fisher House and our VA Pantry**. I provided a list of needs in last month's bulletin, and I hope this was helpful. I would like to review with you, any time you donate anything at the VA Hospital we must go thru procedures.

**Volunteer Service Building #50** is our main point of contact for drop off with veteran's supplies. **Food Pantry, Fisher House, PEIR Group, Community Living Center** and any other departments or wards at hospital. Volunteer Services are open M-Fri 9-4

Example: When we have bingo at the Community Living Center, I fill the **DONOR FORM** and have the nurse sign IT and then I make a copy and send to CLC.

When you send in your donations you will hand in a copy (form enclosed with this newsletter).

This is an official **VA Long Beach Healthcare Donor Form**. They are closed on weekends so you can email your signed donation form to [Vhalonvoluntaryservice@va.gov](mailto:Vhalonvoluntaryservice@va.gov) or call if you have any questions 562-826-5715.

When you visit our **Volunteer Service Center** building, take a look at our food pantry. It's only a few steps away from desk.

Let's not forget our **Cabrillo House**. If you're cleaning your closets, please think of our male and female vets. They take used clothing and home supplies. If any questions call Amy Segal 562-538-5243.

Time to think ahead with **WREATHS ACROSS AMERICA**. Order ahead, please visit [www.wreathsacrossamerica.org](http://www.wreathsacrossamerica.org) for more information. Decide how your unit can honor our vets. Have your juniors get involved with wreath laying or cemetery clean up.

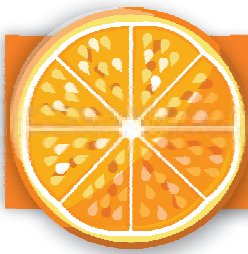
**November 11 is Veterans Day**. Hold a ceremony or other veteran related activities at your Post. Seek out veterans at assisted living facilities and do something for them. Don't forget to show off your Poppies at every event.

Our **District Bingo** is back on track every first Sunday of the month. **PLEASE NOTE TIME CHANGE TO 2pm**. We cannot provide food. District will provide Canteen Books to our Patriot Store. District will provide raffle gifts. If your unit would like to provide gift bags they will be more than happy to receive. Reading glasses, games, pens, shampoo, lotion, Kleenex tissues, combs. The best gift might be a special thank you card handwritten to show them your appreciation.

We have our **21st Annual Compton Stand-down, September 21-23**. Spread the word. Flyer enclosed with contact number if you have any questions.

Enough for now, if any questions please give me a call 714-308-2862.

**Cynthia Mayfield**  
**VA&R Chairman**



# VA&R

## OFFICIAL DONOR FORM

<b>Department of Veterans Affairs</b>	<b>VA Long Beach Healthcare System</b>
Date: _____	
<b>Donor</b>	
Donated by: <input type="checkbox"/> Organization <input type="checkbox"/> Unit <input type="checkbox"/> Post <input type="checkbox"/> Chapter <input type="checkbox"/> Individual	
Organization or Individual's Name: _____	
Address _____ City _____	
State _____ Zip _____ Contact Person: _____	
Phone: _____ Email: _____	
<b>Donation Description</b>	
<input type="checkbox"/> Activity	
Dollar Value of Canteen Books: _____	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> Money order
Dollar Value of Refreshments: _____	Check Number: _____
Misc. Prizes: _____	Check Date: _____
_____	General Post Fund # _____
_____	Field Service Receipt #: _____
	In Memory of: _____
	Designation: _____
<input type="checkbox"/> Item(s) Donated. Please give a brief description and estimated value: _____	
_____	
_____	
_____	
<b>Disposition</b>	
Donated to which Service/Department: (If applicable): _____	
Received by Voluntary Services, Employee Name(Print): _____	Date: _____
Entered into VSS, Employee Name(Print): _____	Date: _____
<input type="checkbox"/> Ack Handed to Donor <input type="checkbox"/> Ack Mailed to Donor	Date: _____

## It's BINGO time at the VAMC, Long Beach !!!

Bingo games will begin on July 7, 2024 & will go as listed till May 4th, 2025. The following assignments have been made with the CLC (nursing home). They are set for **2:00 p.m.** on **SUNDAYS** except for 2/14/2025 (Valentine's Day) is on Friday.

Should you have any questions, please contact Cindy Mayfield at email: [samramay@yahoo.com](mailto:samramay@yahoo.com) or cell phone: (714) 308-2862

9/1/24 Huntington Beach U 133

10/6/24 Los Alamitos U 716 & Santa Ana U 131

11/3/2024 Newport Harbor U 291

### NO BINGO IN DECEMBER

1/5/25 Orange U 132 & Richard Nixon U 679

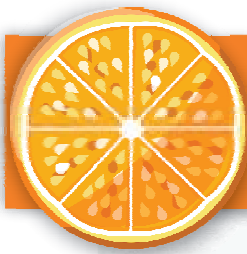
2/14/25 **FRIDAY—VALENTINE'S DAY**—"Special Project"  
(info will be given at D29 meeting!!!)

3/2/25 Laguna Beach U 222 & Laguna Hills U 257

4/6/25 So. Orange County U 281

5/4/25 Cypress U 295 & Albert Schwab 555





# VA&R

**DONATIONS NEEDED:** Underwear, t-shirts, frozen food, Hot Pockets, Stouffer Lasagna, granola/protein bars, p-nut butter crackers, easy to chew foods, etc.

## Vets helping Vets

### Hours of Operations

Monday-Thursday  
8AM-1PM

Closed: Weekends and Holidays

For more info contact us  
562-826-8000 ext. 13005



U.S. Department  
of Veterans Affairs

## THE P.I.E.R. CENTER

Partnership in Effective Recovery  
Tibor Rubin VA Long Beach  
Building 136

*Marlise Palma  
562-335-8983*

### Purpose

To promote and enhance mental health wellness and recovery by providing peer fellowship and support to Veterans with mental illness. Our goal is to supplement the efforts of the clinical VA staff by providing additional emotional support, information, and hands-on guidance in accessing resources

### The P.I.E.R. CENTER offers:

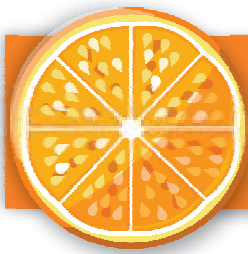
- Fellowship and peer support
- Information about various VA & Community resources
- Groups
- Social Activities
- Basic food provided (on a limited, needed basis)
- Laundry and showers

### Criteria for services:

- Must be actively/open to engage in Mental Health services.
- Food voucher, Veteran must have a service connection of 70% or less.

**Must adhere to all P.I.E.R. rules and VA policy for conduct and behavior.**





# VA&R

## VA Long Beach Healthcare System Fisher House Because a Family's Love is Good Medicine

### VA Long Beach Healthcare System Fisher House Wish List

The Fisher House operates on donated funds. Items on the VA Long Beach Healthcare System Fisher House Wish List reflect items that are either one-time needs or on-going needs of running the house. Every donation helps make the Fisher House a home for our veteran's families.

Donations accepted Tuesday and Thursday between noon and 2:00 p.m. Please call the Fisher House to arrange to drop off donations at (562) 826-5916. Without donations from the community, the Fisher House would not be a success. Our Veteran's families appreciate all donations.

**We do not accept "cash" contributions. Checks should be payable to VA Long Beach Healthcare System with the memo section of the check indicating: Fisher House. Gift Cards allow ease in picking up items needed for the Fisher House. For the Fisher House consider Wal-Mart, Vons, Ralphs, Target, Kohl's, Home Depot, Lowes, or general VISA or MasterCard gift cards.**

#### Items the Fisher House can use:

##### **For the Pantry:**

Meat (chicken, beef, bacon, etc.)  
Packaged lunchmeat  
Breads  
Assorted dry goods (individual cereals, muffin or cake mixes)  
Assorted can goods (chicken, tuna, assorted soups)  
Frozen entrees, pasta, mac & cheese  
Juices, yogurt, cheese sticks, butter  
Coffee supplies – sugar, creamer, stir sticks  
Coffee k-cups  
Tea, Honey  
Candy  
Fruit

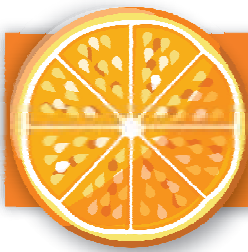
##### **For the Kitchen:**

Kitchen Towels and Washcloths  
Kitchen Sponges  
Liquid dish Soap, Dishwasher tablets



*Please*

**keep this list!  
We always seem  
to forget  
our Fisher House!**



# PAST PRESIDENT'S PARLEY



## PAST PRESIDENTS PARLEY NURSING SCHOLARSHIP

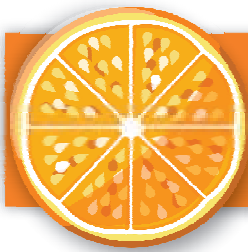
Financial assistance to California residents who are veterans or members of their families and interested in studying nursing at a school in the state of California. Apply starting September 1 and no later than the 1st Friday in April.

**For more information:**

<chrome-extension://efaidnbnmnnibpcajpcgclcfindmkaj/https://host.ca legionaux.org/resource/s/scholarships/scholar-ppp-scholarship-2022-2023.pdf>

**PASS THIS FLYER  
AROUND TO ALL  
YOUR  
LEGION FAMILY  
MEMBERS**





# JUNIORS

## JUNIOR T-SHIRT DESIGN CONTEST

ALA JUNIORS  
**DESIGN CONTEST**  
national Junior meetings



**Open to Juniors  
Ages 8 to 17 years**

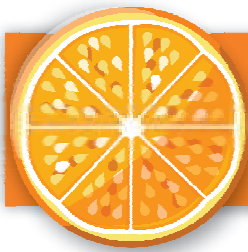
**Design your dream ALA Junior T-shirt!**

**Get more information here:**

**<https://www.legion-aux.org/Junior-T-Shirt-Design-Contest>**

Calling all ALA Juniors ages 8-17! Do you love attending our national Junior meetings? Do you love the fabulous T-shirts you receive at these events? Now is your chance to design the next ALA Juniors T-shirt! Submissions must be received by Aug. 29 at 5 p.m. Eastern.





# JUNIORS

**JUNIOR CONFERENCE**  
*Camp Arnaz*

**APRIL 11 - 13, 2025**  
155 Sulphur Mountain Rd, Ventura, CA 93001

**PROGRAMS** **SERVICE** **LEADERSHIP**

For more info: calegionaux.org | calegionfirstlady@gmail.com

HIKING  
PICNIC AREA  
BONFIRE  
TRAILS  
SHOWERS

For More information ----

<https://calegionaux.org/mark-your-calendar/junior-conference/>



**American Legion Auxiliary  
Junior Conference**

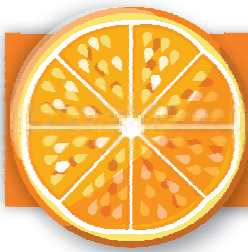
1st Prize: \$200.00  
2nd Prize: \$100.00  
3rd Prize: \$50.00

\$1.00/ticket  
\$10.00/book of 11

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_  
District \_\_\_\_\_  
Unit \_\_\_\_\_



**Proceeds from the Raffle  
support our Juniors for  
JUNIOR CONFERENCE!**



# EDUCATION

# SCHOLARSHIPS

**APPLY: September 1, 2024 to March 26, 2025**

## JAMES H PARKS SCHOLARSHIP

Each Veterans Affairs medical center may nominate one Veteran Affairs Volunteer Services (VAVS) Student Volunteer to be considered for this scholarship. The nominee must have completed 100 hours of regularly scheduled VAVS during a calendar year prior to September 1. **LAST DAY TO APPLY DEC. 31.**

<https://www.volunteer.va.gov/ParkeScholarship.asp>

## LUCILLE GANEY MEMORIAL SCHOLARSHIP

Eligibility for all educational scholarships to be awarded by the Department of California shall be granted only to students attending schools in California and who are a veteran, son, daughter, or spouse of a veteran.

Applicants for any Department of California Scholarship must be a resident of the State of California and planning on attending a college or university in California in the Fall.

(Exception: Lucille Ganey Scholarship.)

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## Continuing/Re-entry Students or students pursuing a higher degree Scholarship

Eligibility for all educational scholarships to be awarded by the Department of California shall be granted only to students attending schools in California and who are a veteran, son, daughter, or spouse of a veteran.

Applicants for any Department of California Scholarship must be a resident of the State of California and planning on attending a college or university in California in the Fall. (Exception: Lucille Ganey Scholarship.)

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://calegionaux.org/resources/scholarships/scholar-ca-E21c-app-for-ed-assist-for-continuing-or-reentry.pdf>

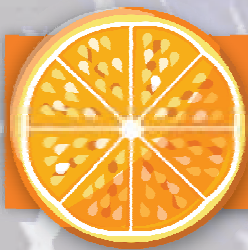
## Educational Assistance General Scholarship

Eligibility for all educational scholarships to be awarded by the Department of California shall be granted only to students attending schools in California and who are a veteran, son, daughter, or spouse of a veteran.

Applicants for any Department of California Scholarship must be a resident of the State of California and planning on attending a college or university in California in the Fall. (Exception: Lucille Ganey Scholarship.)

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://calegionaux.org/resources/scholarships/scholar-ca-e21-application-for-ed-funds.pdf>





# GIRLS' STATE

Hi District and Unit Girls State Chairs and District Presidents,

First, if you no longer would like to receive Girls State emails, please email me with the name of the person who is volunteering for Girls State in your Unit and request to be removed from this distribution list.

If someone you know did not receive this email, but should, please ask that person to email me from their email address so I can add them to the distribution list.

Please see the attached Bulletin #1 and 12 month Calendar. We will discuss them on the Zoom.

First Zoom of the 2024-2025 year for District and Unit Girls State Chairs and any interested volunteers will be this coming Monday, August 26. We will begin at 6:00pm for any new Girls State Chairs to provide a brief overview of the program and review the suggested calendar for the year. Any returning chairs can join at 7pm to hear changes and new resources for this year. Please see the bulletin for more details.

Topic: ALA CAGS Chair Meetings

Join Zoom Meeting

<https://us02web.zoom.us/j/85484116950?pwd=vM1CJoMrVCAaLr69SQKy5YyqKGXbxE.1>

Meeting ID: 854 8411 6950

Passcode: ALAcags82

Thank you,

Caroline Miller

2024-2025 American Legion Auxiliary CA Department Girls State Chairperson

AMERICAN LEGION AUXILIARY



Girls<sup>★</sup>  
STATE





# GIRLS' STATE

- February**
- Provide delegate(s), alternates and school(s) with online delegate/alternate application.
  - Emphasize March 15 deadline for submission of online delegate/alternate application.
  - Remind alternates to reserve June 14- 19, 2025 (with time for transportation to and from Sacramento). We will contact alternates as soon as we hear a delegate will not attend, even as late as the morning of June 14
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- March**
- Follow-up early in the month to see if there are any barriers to submitting the online application.
  - Remind delegate(s)/alternates that ALL applications are due March 15th.
  - Send check with Unit Transmittal Form before March 31st.
  - Verify with the online 2024 Reservation List whether applications have been submitted and fees have been received.
  - Discuss transportation to session with delegate(s)/parents.
  - Invite eligible delegates to begin the Samsung Scholarship application at <https://www.legion.org/scholarships/samsung>.
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- April**
- Communicate with delegate(s)/alternates/parents/school(s) about ALA Girls State and answer any questions.
  - Send invitations to District Tea or Luncheon, if date chosen.
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- May**
- Communicate with delegate(s)/alternates/parents/school(s) about ALA Girls State and answer any questions.
  - Attend District tea/luncheon/orientation with delegate(s)/alternates/parents/school staff.
  - Invite delegate(s)/alternates/parents who are eligible to join Unit.
  - Confirm with delegate(s) the mode of transportation that will be used to and from session.
  - Remind delegate(s) to check their email for information for the 2025 session from [alacagschief@gmail.com](mailto:alacagschief@gmail.com), [alacagsdirector@gmail.com](mailto:alacagsdirector@gmail.com), and [alacagsnurse@gmail.com](mailto:alacagsnurse@gmail.com).
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- June**
- Check in weekly with delegate(s)/parents about how they are feeling, answer questions, etc.
  - Maintain contact with alternate(s) to ensure they are still available to attend if the delegate is unable to attend.
  - Remind delegate(s) to check their email for information for the 2025 session from [alacagschief@gmail.com](mailto:alacagschief@gmail.com), [alacagsdirector@gmail.com](mailto:alacagsdirector@gmail.com), and [alacagsnurse@gmail.com](mailto:alacagsnurse@gmail.com).
  - Arrange for delegate(s) to contact Unit when arriving at session (check in).

If you have any questions or need any help, please contact Caroline Miller, Department Girls State Chairperson, at [alacagschair@gmail.com](mailto:alacagschair@gmail.com) or 949-233-7438.

## Tentative Zoom Schedule for 2024

### District and Unit Girls State Chairs and Volunteers

Monday, August 26 – 6pm for new Chairs, 7pm for returning Chairs  
Monday, September 23 – 7pm  
Monday, October 28 – 7pm  
Monday, November 25 – 7pm  
Monday, December 16 – 7pm      January-May 2025 TBD

### ALA CAGS Social Media

[cagirlsstate.org](http://cagirlsstate.org)  
[instagram.com/alacagirlsstate](https://www.instagram.com/alacagirlsstate)  
[facebook.com/ALACAGirlsState](https://www.facebook.com/ALACAGirlsState)  
[twitter.com/alacagirlsstate](https://www.twitter.com/alacagirlsstate)





# GIRLS' STATE

## American Legion Auxiliary California Girls State 82nd Session Proposed dates of June 14-19, 2025 at California State University, Sacramento Suggested Calendar for Unit Girls State Chairperson

- August**
- Request certificates from State Senators and Assemblymembers for 2024 participants.
  - Executive Board agrees to manage ALA CA Girls State program.
  - Determine how the Unit will pay for Unit Enrollment Fees (estimated \$425/delegate).
  - Department will handle transportation for delegate(s) to and from the session unless private transportation is selected.
  - If your Unit does not have a specific line item in its budget for Girls State, discuss adding one to allow funds to remain in the Girls State budget from year to year.
  - Set a tentative date for interviews.
  - Update your [contact information](#) for the Department Girls State Chair.
- September**
- Download the [Youth Programs Brochure](#).
  - Send school(s) information about ALA CA Girls State and letter of invitation to participate.
  - Identify a contact at each school (counselor, advisor for debate, service organizations, student government/leadership) to assist with coordination.
  - Complete Google Reservation form as soon after September 1, but before October 1.
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- October**
- Follow-up with school(s) to confirm receipt of letter of invitation and answer any questions.
  - Verify the accuracy of the online 2024 Reservation List.
  - Continue or start raising funds for the Unit Enrollment Fee.
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- November**
- Review the written and/or video instruction about candidate selection and abiding by federal and state anti-discrimination laws.
  - Introduce the Unit and ALA CA Girls State Program to potential candidates.
  - Establish point/tally system for interview committee.
  - Communicate with school(s) and request that staff (those involved with students in ASB, service organizations, debate, U.S. government teachers) begin identifying potential interview candidates.
  - Utilize last year's delegate(s) to promote ALA CAGS at school(s).
  - Consider using an [online application process](#). (See Resource Folder.)
  - Apply for Girls State Alumnae Foundation Grants, if needed.
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- December**
- Contact schools to follow-up with selection of interview candidates and schedule interviews.
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.
- January**
- Review any additional candidate requirements from Department (i.e. vaccination).
  - Ask school staff to provide five candidates for Unit to interview.
  - Conduct candidate interviews, abiding by anti-discrimination laws and Girls State Code.
  - Remind candidates that, if chosen, the student must attend the ENTIRE session of ALA Girls State. They cannot arrive late or leave early. There is no time during the session to complete summer school homework, AP tests, interviews, virtual meetings, or any other responsibility. They may not leave the session for any reason and return.
  - Notify school(s) of selection of delegate and 2 alternates. ALWAYS choose 2 alternates and keep contact information for any interested student. (If a delegate drops and there is no alternate, Unit will not receive a refund from Department.)
  - Read GS bulletin at <https://calegionaux.org/sources/bulletins/>.





# GIRLS' STATE



**AMERICAN LEGION AUXILIARY  
DEPARTMENT OF CALIFORNIA  
GIRLS STATE PROGRAM  
2024 -2025**



Bulletin #1

[www.cagirlsstate.org](http://www.cagirlsstate.org)

August 2024

Hello Girls State Chairman ,

Thank you for serving as an ALA CA Girls State Chairperson! This is always a true team effort, so do not hesitate to give input or ask questions. We need each one of you to make our 2024 session a success!

### Unit Girls State Chairperson To Do List:

- If you have not done so already, update your information on the [District and Unit GS Chair list](#),
    - If you have other volunteers assisting with Girls State and would like to receive email updates, please add their contact information on the second tab, "Other Interested Volunteers".
 Refer to the [2024-25 Suggested Calendar for Unit GS Chairs](#) and bulletins each month.
  - Identify a contact at each school sponsored (counselor, teacher for government, debate, leadership) to assist with identifying interested students and passing along information.
    - Consider sharing the [Youth Programs Brochure](#) and/or [What is ALA Girls State](#).
    - Provide the proposed session dates and location: June 14 – June 19, 2025 at Sacramento State.
 Contact me if you have not received reports from any 2024 delegates sponsored by the Unit. Request certificates from State Senators and Assemblymembers for 2024 ALA CAGS participants.
    - Verify on the [Reservation list](#), Column E that the delegate attended the entire session.
    - Find the names and contact information for the representative by entering the home address of the Girls State citizen at the [findyourrep.legislature.ca.gov](http://findyourrep.legislature.ca.gov).
    - Contact the representatives' offices to explain the ALA CA Girls State program and request a letter of recognition. Invite the representatives to attend your recognition event and personally present the certificate. Provide the official with the name of the citizen, the name of the program, the location of the program, and the completion date (July 1, 2024).
  - Sample text for certificate:
 

	Name
To acknowledge your outstanding achievement and representation of your community as a Citizen of the 80th Session of American Legion Auxiliary California Girls State at California State University, Sacramento.	
I commend your commitment to service, leadership development, and learning the importance of meaningful participation in all levels of government.	
July 1, 2024	
- Determine how the Unit will pay for the 2025 Unit Enrollment Fee (estimated to be \$425).
- See [Fundraising folder](#) for ideas.
- Begin thinking about how to identify interested students. See [Candidate Recruitment folder](#). Remember to track ALA CAGS volunteer hours from Unit members from May 1, 2024 through April 30, 2025. This number will be asked on the end of the year report.

**Next Zoom:** Monday, August 26 at 6pm for 1<sup>st</sup>-year Chairs and 7pm for all Chairs

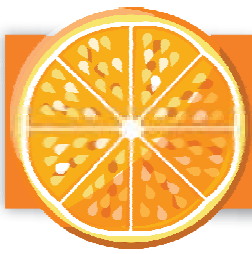
<https://us02web.zoom.us/j/82821636174?pwd=bThxRHZlK2J6SHQxa3REWkFHdEhzUT09>

Meeting ID: 828 2163 6174

Passcode: alacags24

At the 6pm meeting we will give a brief overview of the program and review the suggested calendar

*continued...*



# GIRLS' STATE

for Unit GS Chairs. All are welcome to attend, even if you are not a 1<sup>st</sup> year Chair.

- At the 7pm meeting we will review new resources created by our Candidate Recruitment and Fundraising Leadership Teams and answer questions.
- Both meetings will be recorded for those unable to attend.

## **NEW address for all Girls State Donations and Fees**

- Any donations earmarked for Girls State should be mailed directly to the Department Treasurer:  
Kathy Tellyer  
American Legion Auxiliary  
10400 Twin Cities Rd  
Suite 20 #107  
Galt, CA 95632
- You may use this [Donation Transmittal form](#).

## **Resources for Unit and District Girls State Chairpersons:**

- [Shared Google Drive folder](#)

## **Future ALA CAGS Session Dates Proposed to CSU Sacramento:**

- Saturday, June 14-Thursdays, June 19, 2025
- Monday, June 22-Saturday, June 27, 2026

**National ALA Girls State Leadership Conference:** 2025 ALA CAGS Director Allyn Kau and Chairman Caroline Miller will be attending in Indianapolis September 2024.

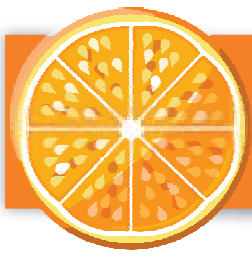
## **2024 ALA CAGS Session**

- All 418 delegates arrived to the session.
- 411 delegates finished the session. 7 delegates left the session - 4 delegates left early due to physical illness, 2 for Mental illness, 1 for a family emergency.
- Compared to 2023 session – 454 delegates registered, 4 left early due to anxiety, 3 due to illness, 3 for behavior issues, 1 for family emergency, 11 left during the session, 443 delegates finished.
- See [some of the Closing Ceremony Slides](#) to see the work delegates accomplished during the week.
- See the [list of the 2024 ALA CAGS awards and elected state officials](#).

Thank you for all your work!

Caroline Miller, [alacagschair@gmail.com](mailto:alacagschair@gmail.com),  
949-233-7438





# MEMBERSHIP



**You can begin to add new members to ALAMIS ON SEPTEMBER 1st.**

**ALL UNITS should now be on ALAMIS  
ALAMIS users must be trained prior to using.**

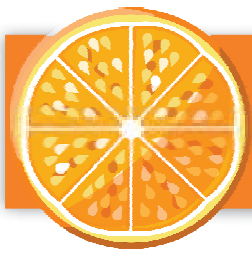
**ALAMIS TRAINING MATERIALS: <chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://calegionaux.org/resources/membership/alamis-training-manual.pdf>**

**NEW ALAMIS FEES = \$25.00**

**ALAMIS ACCESS FORM: <chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://calegionaux.org/resources/membership/alamis-access.pdf>**

**ALAMIS:  
American Legion Auxiliary Management Information System**





# PUBLIC RELATIONS

*Did you know that your  
American Legion Auxiliary Membership  
comes with perks?*

## **Retail Discounts BenefitHub**

Enjoy discounts, rewards, and perks on 1,000s of brands including Hertz, Sam's Club, Walt Disney World, Toyota, Skechers, and more! BenefitHub is your single-source site where you can find extensive savings through an easy-to-use, exclusive discount marketplace. Enter the exclusive ALA member referral code HZE7XG when creating your account.



## **ScriptSave® WellRx Premier Prescriptions Savings Program**

Use your Prescription Savings Card for any prescriptions not covered by insurance or you may even find a lower price than your insurance copay. Simply present your card at one of thousands of participating pharmacies. Call 800-407-8156 or visit [www.wellrxpremier.com/417](http://www.wellrxpremier.com/417) to start saving today!



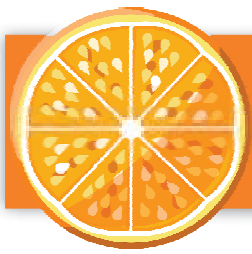
## **Armed Forces Vacation Club**

Armed Forces Vacation Club (AFVC) is built around the idea that the military deserves the best, and that's why they offer weeklong resort stays from just \$409. That price might sound unbelievable but search the "R&R" page for resorts and see for yourself! AFVC offers over 200,000 resort accommodations in over 100 countries in a wide range of sizes from studio to two or even three-bedroom units.



## **Liberty Mutual**

Liberty Mutual has partnered with American Legion Auxiliary to offer members special savings on quality auto and home insurance. Liberty Mutual offers customized auto insurance so you only pay for what you need.



# PUBLIC RELATIONS

## Dental Insurance

DentallInsurance.com is the easiest way to compare and purchase individual dental insurance and discount dental plans. Gain access to a wide variety of dental plans, features, and services that cover all dental needs - from simple checkups to root canals and braces. ALA member referral code HZE7XG when creating your account.



## Vision Insurance

Affordable vision plans from VSP and Ameritas for members of the American Legion Auxiliary are offered through top-rated carriers and provide regular exams and many other important benefits. Most plans provide discounts on eye exams, lens fittings, and routine eyeglass exams. Some include full coverage for prescription eyeglasses.



## Guaranteed Acceptance Senior Term Life Insurance

The American Legion Auxiliary Guaranteed Acceptance Senior Term Life Insurance Plan, underwritten by the Hartford Life and Accident Insurance Company, covers you for up to \$10,000 in benefits - without having to take a medical exam or answer questions about your health.

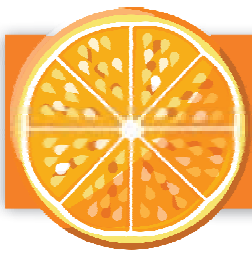


## Medicare Concierge

Baby boomers are aging into retirement at a rate of more than 10,000 per day and many are not prepared to make the proper retiree health benefits decisions they will face. Amwins' Voluntary Medicare Concierge program offers retirees a valuable resource, helping them understand Medicare and providing guidance to help them secure proper medical and prescription drug insurance. The Medicare Concierge program exclusively offers a private Medicare Exchange platform which provides access to individual Medicare Supplement, Medicare Part D and Medicare Advantage plans available throughout the country. Every retiree deserves to secure a plan that meets both their financial goals and health needs.



**There's so much more at:** <https://www.legion-aux.org/member-benefits>



# AMERICANISM



Our Americanism program includes all activities tending to perpetuate American ideals and to uphold the principles of American democracy. The security of America lies in a citizenry in whose minds and hearts is ingrained a true understanding of and love for those ideals and principles upon which the nation was founded; a citizenry aware of the duties of citizenship and a willingness to perform those duties even at the cost of great personal sacrifice. The American Legion Auxiliary Americanism Program is educationally based divided into three phases: work with the youth, the adult, and work with the community. All matters pertaining to the flag or patriotic education are rightly classified as Americanism activities.

## **Patriotic Education:**

Every citizen should have a knowledge and understanding of the Constitution of the United States. Therefore, the Auxiliary has a very definite objective in emphasizing through its Americanism program the teachings of good citizenship.

## **Home:**

Revitalize our personal patriotism. Be able to answer "What kind of an American am I?" Take an interest in our country's affairs. Express our belief in our love for America in our words and deeds. Inspire children and young people in our homes and schools to develop fine characters, high ideals and a sincere appreciation of our heritage. Be tolerant in thought and deeds towards others. Vote intelligently after careful study of candidates and issues.

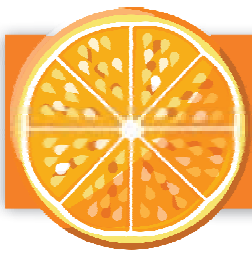
## **Unit:**

Appoint an active Americanism chairman. Sponsor study classes for the Constitution, Declaration of Independence, flag etiquette, and great American characters. Plan a patriotic conference. Observe patriotic holidays. Display the flag, keep it clean, and fold it properly. Distribute flag etiquette brochures.

*Continued next page*







# AMERICANISM



## **Youth Groups:**

Present Americanism awards in schools. Sponsor debates and essay contests. Present flags to schools. Encourage formation of student councils in elementary schools. Present records and/or tapes of the Star-Spangled to Banner to schools. Sponsor Boy and Girl Scout Troops.

## **Adult Groups:**

Sponsor citizenship classes and present flag codes, American Creed, and small American flags to new citizens. Hold Americanism meetings and Community forums. Place flag study course in night schools for foreign-born.

## **Community:**

Plan Town Meetings and other study groups, presenting both sides of a question. Help with community observance of patriotic holidays. Present flags where needed. Use both printed and electronic media when presenting Americanism programs. Watch for subversive group activities and report to proper authorities. Visit local government groups in action and show interest in school boards, City Councils, County Boards, and Town Meetings. Plant trees as memorials and study conservation programs.

## **Cooperative Effort:**

The Americanism program of The American Legion embraces a multiplicity of activities. It necessitates real, honest, unselfish effort on the part of all members of The American Legion. Auxiliary members of the American Legion Auxiliary can effectively make patriotism a personal matter and they can select and successfully carry out projects adaptable to the needs of their communities.





# CHAPLAIN

*Rest in Peace*

## **Katherine Morris**

Past National President (2003-2004)

Past Department President TX 1986-1987



## **Geri Fitzpatrick**

Past Department Officer

# BE THE ONE

**BE THE ONE -**  
Columbia Protocol Training  
90 minute Training -  
Register for webinar or in-person  
[www.BeTheOne.org](http://www.BeTheOne.org)  
Oct 21-23



Our Department of California President, Linda Hayes, will visit District 29 at the January 11, 2025 meeting to be held at the Anaheim Unit/Post.



## **KEEP TRACK OF HOURS AND MONEY SPENT**

Make sure each of your unit members receives the **MEMBER TRACKING SHEET** which is attached to this newsletter. Make record keeping easier and more accurate for your reports!



### **DISTRICT 29 OFFICIAL FACEBOOK PAGE**

<https://www.facebook.com/groups/d29ala/>

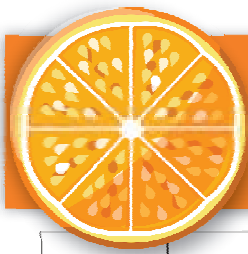
### **DISTRICT 29 RESOURCES & IDEAS**

<https://www.facebook.com/groups/d29resourcesandideas>

Send your photos & articles to be included in our newsletter

A SLICE OF ORANGE COUNTY is a regular publication of the American Legion Auxiliary District 29, Department of California. Please send all submissions to:  
[wendyhart.oc@gmail.com](mailto:wendyhart.oc@gmail.com)





# DISTRICT MEETING CALENDAR

## REVISED

DATE	UNIT	TIME	CITY	ADDRESS / LOCATION
10-Aug	716	1PM	LOS ALAMITOS	<b>DONE and thank you Kristin and all the members of 716!</b>
14-Sep	721	10AM	SAN JUAN CAPISTRANO	25925 Camino del Avion, SJC 92675
12-Oct	679	10:30AM	YORBA LINDA	18001 Yorba Linda Blvd, Yorba Linda, CA 92886
9-Nov	291	9AM	NEWPORT HARBOR	215 15th St, Newport Beach, CA 92663
14-Dec	354	9AM	BUENA PARK	8071 Whitaker St, Buena Park, CA 90621
11-Jan	72	10AM	ANAHEIM PRESIDENT LINDA HAYES VISIT TO D29	936 N Lemon St, Anaheim, CA 92805
8-Feb	295	9AM	CYPRESS	5646 Corporate Ave, Cypress, CA 90630
8-Mar	281	9AM	LAGUNA NIGUEL	TBA
12-Apr	133	9AM	HUNTINGTON BEACH	Memorial Hall - 1718 Orange Ave., Huntington Beach, CA 92648
10-May	327	9AM	LEISURE WORLD	1353 Seal Beach Blvd, Seal Beach <b>CLUBHOUSE MEETING LOCATION TBA</b>
14-Jun	555	10AM	MIDWAY CITY	14582 Beach Blvd, Midway City, CA 92655
JULY	NO MEETING	NO MEETING	NO MEETING	NO MEETING

**LET US CELEBRATE**



*Linda Hayes*  
*Department President*  
*2024-2025*

**AMERICAN LEGION POST 496**  
**5938 E PARKCREST ST.**  
**LONG BEACH, CA 90808**

Debbie Butler - Southern California Workshop contact &  
Diana Livas - Auxiliary Department Leadership

Please RSVP to Debbie Butler  
Email: DButler@verizon.net or 213-200-0477

Southern California  
Dept Workshop &  
Dept Leadership  
Workshop  
October 12, 2024

Coffee and Pastries 8 am  
Workshops 9am to 3pm  
Lunch will be available for  
\$5.00 donation

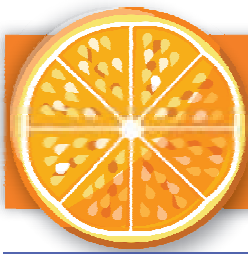
## RECOMMENDED

for all new members and especially new officers and units.

You will learn so much information, meet other unit members and get a treasure trove of new ideas.

This is on the same day as our October District Meeting, so please let Noella know that you will be attending the Dept. Leadership Workshop instead. She will mark you as excused.





# DISTRICT PRESIDENT'S VISIT



**UNIT 72  
ANAHEIM**



**This Junior got her friends to make pictures to be distributed to the Vets. Just recently she found out that her best friend has cancer. She has asked the Auxiliary if she could do a Spaghetti Dinner Fundraiser to help cheer him up and pay for some of his expenses. It was passed unanimously by the members and they are going all out to help her!**