



National Security Bulletin 3  
September 2024

Hello to all of my Strategic Planning Commissioners. I hope everyone is doing well. This is bulletin #3.

September is National Preparedness Month. It is observed each September to raise awareness about steps individuals, families and communities can take to be ready for disaster and emergencies that could happen at any time. This year's National Preparedness Month theme is Prepare to Protect and highlights how preparing for disaster helps protect everyone you love.

Does your Unit discuss how to prepare for any type of emergencies? We should all be reminded of the little things we take for granted. Check your flashlights and make sure you have an extra set of batteries, have candles in case you have no electricity, update your 1<sup>st</sup> Aid kit to have plenty of band aids and other medical supplies, have some canned goods to eat in case stores are not available and don't forget to put in a can opener, have enough water available to last at least a week and lastly have an emergency plan to meet somewhere in case you get separated.

Another important date in September is Sunday, September 29, 2024. This is Gold Star Mother's Day. It is intended to recognize and honor those Mothers who have lost a son or daughter in the Service of the U.S. Armed Forces. A Gold Star represents a son or daughter who died while serving in the United States Armed Forces.

If you know a Gold Star Mother, let her know you are thinking of her by sending her a card or flowers.

As I discussed in a prior bulletin, Friday, September 20, 2024, is National POW/MIA Recognition Day. Make time to attend the ceremony.

Linda Lara-Guzman  
Strategic Planning Commissioner  
[linlarguzman@gmail.com](mailto:linlarguzman@gmail.com)  
(821) 229-2072